



Virtual
Activity Fair
31 May 2021

10:30 – 11:30 am

To Register via Zoom

[Click Here](#)

Join us to learn more about:

Chair Yoga

Dance for Wellbeing

Pilates

Carer Activities

Tai chi

Community Gardening

And much, much more.....

Supported by:



Are you looking to reconnect,
get moving & improve your
wellbeing?

Not sure where to start?

The ParKanDo Activities Fair is an opportunity to hear from a variety of presenters who will introduce you to a broad range of mobility friendly activities.

To Register via Zoom

[Click Here](#)

